

(following missed learning in School Closure)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Outdoor PE	Outdoor PE	Outdoor PE	Outdoor PE	Outdoor PE	Outdoor PE
R	Me and Myself	Movement Development	Working with others	Ball Skills	ABCs	Fun and Games
1	ABCs	Ball Skills	Fun and Games	Basketball	Hockey	Athletics
2	ABCs	Basketball	Handball	Hockey	Cricket	Athletics
3	ABCs	Dodgeball	Football	Tag Rugby	Hockey	Cricket (Playground or Field) Badminton (MUGA)
4	Team Games	Football	Netball	Hockey	Orienteering (Playground) Rounders (MUGA or Field)	Cricket
5	Team Games	Netball	Volleyball (MUGA) Badminton (Playground)	Football (MUGA) Orienteering (Playground)	Cricket	Athletics
6	Team Games	Tennis	Basketball	Tag Rugby	Hockey	Cricket

Physical Education Long Term Overview 2020 – 2021 (following missed learning in School Closure)

Key stage 1 should be taught to:

- *Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities*
- *Participate in team games, developing simple tactics for attacking and defending*
- *Perform dances using simple movement patterns.*

Key Stage 2 should be taught to:

- *Use running, jumping, throwing and catching in isolation and in combination*
- *Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending*
- *Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]*
- *Perform dances using a range of movement patterns*
- *Take part in outdoor and adventurous activity challenges both individually and within a team*
- *Compare their performances with previous ones and demonstrate improvement to achieve their personal best.*