



Victoria Primary Academy Weekly Newsletter

Issue 37

Summer Term

Friday 16th July 2021

Diary dates

Year 6 assembly
Wednesday 21st
July at 1.30pm on
Teams

Last day of term

Wednesday,
21st July

Children must
wear school
uniform please.

Return to school

Thursday, 2nd
September 2021

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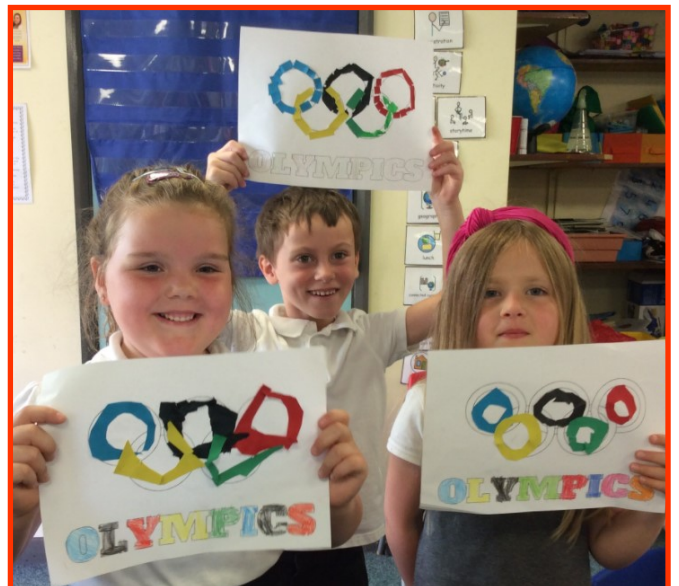
We have had an amazing and exciting week of Olympic themed events and activities to support our learning.

I hope you enjoy the selection of pictures in our Olympic photo gallery.

(pages 3—8)



We say goodbye to our Year 6 next week with a mixture of sadness and excitement as they move on to the next stage of their education. Best wishes to you all – you have an amazing future ahead of you!



We also say goodbye to some of our team, who are moving on to pastures new, and 'hello' to new members of staff, who we will introduce to you in September. We look forward to giving them a Victastic Victoria welcome!

This is the last newsletter of this academic year but, don't forget, there are still 3 more days of school before we break up. Once Thursday arrives I hope you have a relaxing and safe family break and look forward to another exciting year at Victoria Primary.

H. Scargill

Principal

Have a great Summer!

LEAVE OF ABSENCE/HOLIDAYS IN TERM TIME

Having a good education helps to open up more opportunities in adult life for our children. As parents you have a legal duty to ensure that your children attend school on a regular basis.

The Principal cannot grant any leave of absence (holiday) during term time unless there are exceptional circumstances.

If you intend to take your child out of school **please complete a notification of absence form well in advance of any planned absence.**

If the request is denied and you still decide to take your child out of school for a leave of absence then the absence will be coded as unauthorised. This may lead to a Fixed Penalty Notice being issued.

MEDICINES

Medicines prescribed by a doctor can be administered at school by a member of staff. The label with the child's name and dosage instructions must be intact and legible. An adult must bring in and collect the medication from the office.

ABSENCE

If your child is not able to attend school, please telephone to let us know by 9.00am each morning of absence.

01933 223323

EMERGENCY CONTACT INFORMATION

It is crucial that we have up to date information, including home, work and mobile phone numbers, so that we can contact you, or someone else nominated by you, in case of an urgent situation.

Please try to give us at least 3 numbers.

If you are concerned about punctuality or attendance and would like support, please ask to speak to one of our Inclusion team or the Attendance Officer.

Attending school every day = 100% attendance

Attending 4½ days a week = 90% attendance = 4 weeks missed per year.

Attending 4 days a week = 80% attendance = more than half a term missed per year or 2 full years missed over the course of their school career.

Attending 3½ days each week = 70% attendance = more than a quarter of the school year missed.

An average attendance of 80% or less across a child's school career adds up to missing a whole 2 years from school .

VPA OLYMPICS



"Year 6 really enjoyed the opening ceremony"
Miss Smith

"The children in year 1 have been very busy making the Olympic Rings - I think they have done a fabulous job!"

Mrs Hensman



VPA OLYMPICS



"Year 4 have had an awesome time being Olympians!"

Mrs Harding

CLASSROOM NEWS



"We have had a fantastic time in Reception this week celebrating the Olympics."

Miss Holmes and Mrs Smart





Year 1 designed some wonderful new Olympic medals!

Mrs Walmsley



"Year 2 enjoyed using their atlases to find all the Olympic host cities."

Mrs Giles



VPA OLYMPICS



"I was super impressed by the sportsmanship that was shown in Year 5. You all cheered each other on and supported each team. Well done!"

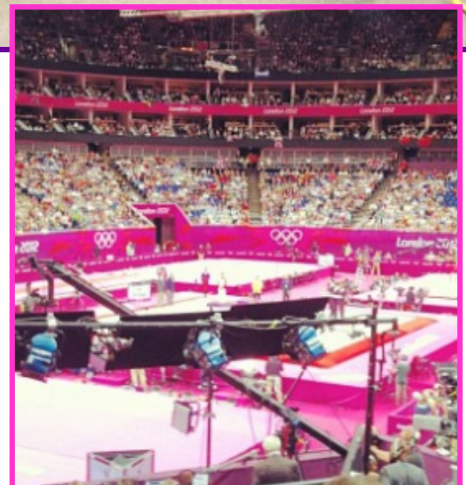
Miss Cox

"Olympic maths for a great themed week!"

Mrs O'Mahoney



VPA OLYMPICS



Mrs Morin shared her memories of being a Games Maker in the 2012 London Olympics

RECEPTION NEWS!

You could be
Indiana Jones or
Dora the
Explorer!



The children in Reception will be experiencing a virtual trip on Monday 19th July, to celebrate the end of term! They will be looking at different environments and their animals.

Come to school dressed in green, yellow, brown or camouflage and be explorers for the day!

There has been a letter sent home and a Parent Mail with more information .



GOODBYE AND GOOD LUCK



We are very sad to be saying goodbye to 4 members of our staff at the end of term.

Mrs Toro, who has been with Victoria Primary for 17 years as a Teaching Assistant, is changing career to work with her daughter in the catering industry.

Mrs Huckin has been a Class Teacher in Year 4 this year and is going back to university to do a Masters Degree.

Miss Proctor is leaving Year 1 and is moving to London with her family.

Mrs Giles is joining Windmill Primary in Raunds to take on the role of Inclusion Lead.

We wish them all every success and happiness in their new ventures.



THE READING AGENCY SUMMER READING CHALLENGE

Newsletter copy:

Go wild for reading with the Summer Reading Challenge!

For this year's Challenge The Reading Agency has partnered with [WWF](#) to create 'Wild World Heroes' which will inspire children to take action for nature and the environment. Join the Wild World Heroes for an exciting adventure in the fictional town of 'Wilderville'. Through reading books, collecting rewards and learning all about our planet, Challenge participants will help the Heroes make Wilderville a greener place to live.

With exclusive incentives to collect and plenty of brilliant books to enjoy, the Challenge is the perfect summer activity to build young readers' skills and confidence during the long break from school. The Challenge is available in libraries across the UK this summer. Children can also take part online through the official digital Challenge platform wildworldheroes.org.uk.

Press releases:

[Dara McNulty and Steve Backshall Revealed as Ambassadors for the Summer Reading Challenge 2021 | Reading Agency](#)

[The Reading Agency to pilot integrated local authority model for Summer Reading Challenge 2021 | Reading Agency](#)

[The Reading Agency partners with WWF for nature-focused Summer Reading Challenge | Reading Agency](#)

Our Channels

www.wildworldheroes.org.uk (please note this is the same landing page as the Summer Reading Challenge)

www.summerreadingchallenge.org.uk

www.readingagency.org.uk/summerreadingchallenge

<https://twitter.com/readingagency>

www.facebook.com/SummerReadingChallengeUK

<https://www.instagram.com/readingagency/>

<https://www.youtube.com/user/readingagency>

To support us please visit: <https://thereadingagency.enthuse.com/profile>

If you are interested in further partnership opportunities, please contact summerreadingchallenge@readingagency.org.uk

THANK YOU!





Wellingborough Museum Newsletter

No 118 July 2021

Welcome to the latest issue of our newsletter.

We hope this will keep you up to date with news and events from the Museum.

You could well ask what has happened to the museum newsletter since no. 117 in February 2020. Closed on account of Covid with no news is the answer, and the justification is that all our volunteers are still with us. But it does mean that it's taking a while to get back to 'normal', particularly as there is no incentive to setting up events only to have to cancel them. We have been open since May 17th, but just the museum with penny slot machines, pianola, model railway, putting, gift shop, café, coin press, and of course Arnie the dragon, quite normal really!

We are holding a special **Anita Neil OLY** exhibition,
from Saturday July 17th to Monday August 9th
Anita will be with us to open it at 11am on July 17th.



Anita took part in the Mexican Olympics in 1968 and Munich in 1972

It has only recently been acknowledged that she was Britain's
first black female Olympian athlete.

And she is still the only Olympian athlete to come from Wellingborough!
She can now have the suffix OLY after her name.

The museum held an Olympic exhibition in 2012, which Anita opened, for the London Olympics.

These are some of the photographs taken at the time.





Wellingborough Museum BUS DAY

Saturday August 14th 10am to 4pm

FREE ADMISSION



MODERN AND VINTAGE BUSES ON DISPLAY,
ENTHUSIASTS' AND TRADE STALLS,
FREE VINTAGE BUS RIDES SUBJECT TO AVAILABILITY
We were not able to offer our usual April bus rally because of Covid.
This is on a smaller scale, but we did not want to let you down.



Wellingborough Museum

Punch & Judy
Monday Free
August 16th



We are again offering free putting
(£1 deposit on ball)



NORTHAMPTON TOWN F.C.

COMMUNITY

JULY 2021

GIRLS FOOTBALL HOLIDAY COURSE

Course Venue	Dates	Ages	Times	Cost
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 26th July	5-8	9am-12pm	£15 per session
		9-12	1pm-4pm	

Course Venue	Dates	Ages	Times	Cost
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 27th July	5-8	9am-12pm	£15 per session
		9-12	1pm-4pm	

Book Online

www.ntfccommunity.co.uk/bookings

Limited spaces available. Please check
online for our COVID-19 policy.



COMMUNITY

NORTHAMPTON TOWN I'M
#PROUDTOBE

Telephone: 01604 683726
Email: community@ntfc.co.uk

Summer Term 2



Mental Health and Wellbeing

Well, what a year we have had. I would like to take a moment to thank every single person connected to Victoria Primary Academy. Throughout this turbulent year, there has been an immense amount of resilience, understanding and support shared by all. You are all amazing!

This is a perfect opportunity to reflect on what we have done over the course of the year and celebrate what we have achieved. All year groups have participated in daily mindfulness activities, these include mindfulness colouring, mindfulness breathing/meditation and mindfulness movements. These activities are really easy to do at home too! All year groups have participated in the daily mile, this has allowed children to build a habit of an active and healthy lifestyle, reduce stress and relieve anxiety. Daily exercise is a routine that can also be completed at home, whether it be exercising in your garden or local park, or doing star jumps in your living room or kitchen. There are loads of activities and workouts that can be found online. We also had an Education Mentor from Northampton Town Community trust come work with us and your children weekly to promote healthy and positive mental health.



What next? This is only the start. We are passionate about supporting you and your child/children with mental health and wellbeing. We want to challenge and break the stigma associated with mental health. The conversation about wellbeing should never stop, we all experience ups and downs. But, what is important is how we manage and regulate these emotions. Our aim is to equip every child who attends Victoria Primary Academy with the skills and knowledge to regulate their own mental health and wellbeing positively.

Throughout the summer I hope there will be lots of opportunities for you and your child/children to relax, go for walks, exercise, play outdoors. All these things help boost our mood and support a healthy wellbeing. If you do need some support, then please use the links below for extra information.

<https://www.nhs.uk/every-mind-matters/>

<https://youngminds.org.uk/>

<https://www.themix.org.uk/>

<https://www.place2be.org.uk/>

<https://www.annafreud.org/schools-and-colleges/resources/selfcaresummer-primary-pack/>

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>

Ten keys to happier living



GIVING



Do things for others

RELATING



Connect with people

EXERCISING



Take care of your body

AWARENESS



Live life mindfully

TRYING OUT



Keep learning new things

DIRECTION



Have goals to look forward to

RESILIENCE



Find ways to bounce back

EMOTIONS



Look for what's good

ACCEPTANCE



Be comfortable with who you are

MEANING



Be part of something bigger

ACTION FOR HAPPINESS

<https://www.actionforhappiness.org/>

Top tips to support children and young people



Be there to listen

Regularly ask how they're doing so they get used to talking about their feelings and know there's always someone to listen if they want it. Find out how to create a space where they will open up.

[How to start a conversation with your child](#)



Support them through difficulties

Pay attention to their emotions and behaviour, and try to help them work through difficulties. It's not always easy when faced with challenging behaviour, but try to help them understand what they're feeling and why.

[Help with difficult behaviour and emotions](#)



Stay involved in their life

Show interest in their life and the things important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



Encourage their interests

Being active or creative, learning new things and being a part of a team help connect us with others and are important ways we can all help our mental health. Support and encourage them to explore their interests, whatever they are.



Take what they say seriously

Listening to and valuing what they say, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.

[The Anna Freud Centre support guide](#)



Build positive routines

We know it still may not be easy, but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get them back into routines that fit with school or college.

[Sleep tips for children](#)