

## Subject Coverage Map for Key Stage 1 and 2

### RSE and PSHE

RSE and PSHE School Curriculum Prompts <b>KS1</b> . (See Jigsaw PSHE Programme of Study for additional statements) Below are the broad overview areas for RSE and when they are covered. See additional detailed mapping of Jigsaw units for fully broken coverage of each statement	Year 1			Year 2		
	Aut	Spr	Sum	Aut	Spr	Sum
<b>Relationships Education</b>	✓			✓		
Families and the people who care for me						
Caring friendships	✓		✓		✓	✓
Respectful relationships	✓	✓	✓		✓	✓
Online relationships					✓	
Being safe		✓	✓	✓	✓	✓
<b>Physical Health and Mental Wellbeing</b>	✓	✓	✓	✓	✓	✓
Mental wellbeing						
Internet safety and harms				✓	✓	
Physical health and fitness	✓	✓	✓	✓	✓	✓
Healthy eating	✓		✓			✓
Health and prevention		✓			✓	
Basic first aid						
Changing adolescent body		✓			✓	
		Year 3	Year 4	Year 5	Year 6	

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<b>Relationships Education</b>	✓		✓	✓		✓		✓			✓	
Families and the people who care for me												
Caring friendships	✓	✓	✓	✓	✓	✓		✓			✓	
Respectful relationships	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Online relationships		✓	✓	✓		✓	✓	✓	✓		✓	✓
Being safe		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Physical Health and Mental Wellbeing</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mental wellbeing												
Internet safety and harms		✓	✓		✓		✓	✓	✓		✓	✓
Physical health and fitness	✓		✓		✓				✓	✓		✓
Healthy eating	✓				✓		✓			✓		
Drugs, alcohol and tobacco		✓			✓		✓			✓		
Health and prevention	✓				✓				✓			✓
Basic first aid		✓						✓				
Changing adolescent body		✓			✓		✓			✓		