



# Victoria Primary Academy Weekly Newsletter

Autumn Term

Friday, 16th September 2022

## Diary Dates

**Monday 19th  
September**  
Bank Holiday

## Inside this issue

**Attendance  
Matters**

**Victastic awards**

**International  
Peace Day**

**Volunteers**

**Parking**

**Nut Free School**

**Pre-loved  
uniform**

**Breakfast ideas**

**Sporting  
Champions**

**After-school  
clubs**



The Reception children have had a fantastic first week at school! They have been exploring in the Reception environment and have been cooperating with their peers to complete different activities!



Mrs Westrep, our Attendance Officer, They rewarded the children with one of Victoria's Attendance Bugs.



This morning 2B wrote a message of condolence to the Royal family. These are all things the children wanted to say. It is a lovely thing to do and it can be found on the Royal family website if you would like to send your own family message.

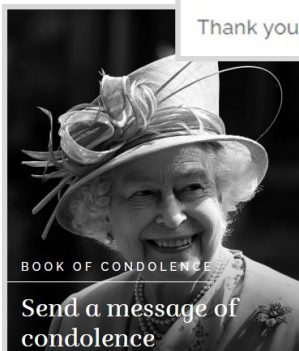
This message is from class 2b at Victoria Primary Academy.

Thank you for being our Queen for so long. Thank you for being kind to us. Thank you for protecting and taking care of our country. Thank you for saving us.

Thank you for giving us hope and wisdom in hard times like the Coronavirus.

I hope you enjoyed London. We will give lots of love and hope to King Charles and the royal family. You will be deeply missed. As a school we recently celebrated your platinum jubilee and we were so thankful to celebrate your reign.

Thank you for being Queen for 70 years.



H. Scargill

Principal

A reminder:-

Monday 19 September will be a bank holiday to coincide with Her Majesty Queen Elizabeth II's State Funeral

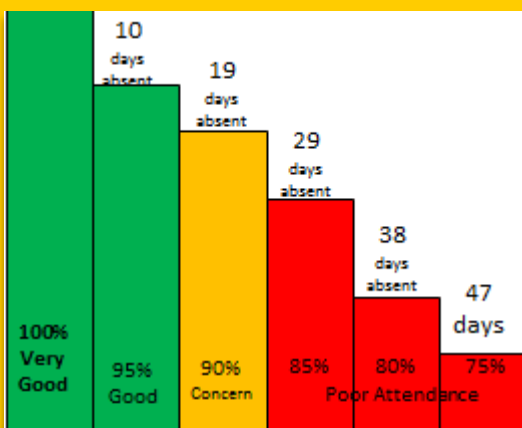
## WHY IS GOOD ATTENDANCE IMPORTANT?

- There is a link between good school attendance and high level attainment.
- Pupil learning is uninterrupted.
- Promotes pupil welfare and safeguarding.
- Enables pupils to access the widest possible range of opportunities.
- Relationships with friends and teachers are maintained and can grow.
- Lowers stress levels as pupils feel they can 'keep up' academically.
- Attendance and punctuality habits often carry into later life.

Regular school attendance is an important part of giving your child the best possible start in life and is important to your child's future.

Of the 365 days in a year, 190 days are in school and 175 days are non-school days to spend with family, friends, on holiday, shopping or appointments.

Our aim is to achieve 96% attendance for our pupils which represents good attendance and is shown in the traffic light graph below.



Remember  
90% attendance is  
equal to 1 day off  
each fortnight

## TOO ILL TO ATTEND SCHOOL?

Your child can attend school with minor ailments such as headache, stomach ache, cold, sore throat.

Please let a member of the Office Team know if your child feels slightly unwell when they arrive and they will be monitored throughout the day. The school will contact you if your child becomes too ill to remain in school.

Prescribed medication may be administered in school with the completion of a medical permission form.




## ATTENDANCE MATTERS

If your child is not able to  
attend school, please  
telephone to inform us by  
9.00am  
01933 223323.

The Education Entitlement Team at Northamptonshire County Council are aware of all unauthorised absence of more than 5 days, taken at one time or accumulated throughout the term, and you may be liable for a **fixed penalty fine or further action.**

# TOP HOUSE THIS WEEK

HOUSE	WEEKLY POINTS	RUNNING TOTAL
Balmoral 	899	899
Buckingham	816	816
Kensington	790	790
Osborne	897	897
Windsor	790	790

## CLASS ATTENDANCE OF THE WEEK

Teacher	Class	%
Miss Holmes	RA	x
Mrs Hensman	RB	x
Miss Malpas	1A	88.5
Miss Smith	1B	97.5
Mrs Walmsley/Mrs Brindle	2A	97.3
Miss Seabridge	2B	95.9
Mrs Embling	3A	91.0
Miss Campbell	3B	98.9
Miss Slow	4A	97.5
Miss Gent/Mrs Reeves	4B	97.9
Mr Mephram	5A	98.7
Miss Husbands	5B	98.3
Miss Costanzo	6A	98.7
Mrs Richardson	6B	97.2

*Top house of the week!*

**BALMORAL**

### KEY STAGE 1

★	Gold award	Class 1B
☆	Silver award	Class 2A

### KEY STAGE 2

★	Gold award	Class 3B
☆	Silver award	Class 6A
=	Silver award	Class 5A
★	Bronze award	Class 5B

### WHOLE SCHOOL WEEKLY AVERAGE



**96.5%**

## VICTASTIC CERTIFICATES AWARDED TO. ....

<b>Miss Holmes</b> <b>Mrs Hensman</b>	<b>All of Reception</b> for an amazing first week at school. All of the children have settled in really well and have shown the Victoria values of cooperation and respect already! Miss Holmes and Mrs Hensman are really proud of all the children! Well done Reception J
<b>Miss Malpas</b>	<b>Catalleya Poputa and Alesia Popescu</b> for their continued hard work and super listening! They have really challenged themselves in Maths this week.
<b>Miss Smith</b>	<b>Oliwia Wilczkowska</b> for having a positive attitude in lessons and for showing the school values at all times. <b>Elisha Sahue</b> for excellent work in maths and for showing kindness to all his peers.
<b>Mrs Walmsley</b> <b>Mrs Brindle</b>	<b>Weronika Mielniczuk</b> for her care and presentation in all her learning. She has demonstrated all the learning behaviours at the top of our learning ladder. Keep it up, well done. <b>Omi Kotti.</b> Omi started back at school later than anyone else but you wouldn't know. He has settled in beautifully and demonstrated he is listening hard, shared ideas with his friends and always doing his best.
<b>Miss Seabridge</b>	<b>Lena Sobotka</b> for showing enthusiasm as she participated in RE this week. She demonstrated how to be a Victastic learner. <b>Ksawery Malaka</b> has been a maths superstar this week! He has been excellent at explaining how he found his answers with his talk partner.
<b>Mrs Embling</b>	<b>Gabriela Lamsa</b> for always being helpful, kind and considerate. <b>James Hadley</b> for sharing interesting information about Stonehenge.
<b>Miss Campbell</b>	<b>Aisha Chaudhry</b> for her super action verbs and use of alliteration in her sentence writing. <b>David Iordache</b> for his super Maths work on Place Value partitioning 3 digit numbers.
<b>Miss Slow</b>	<b>Habiba Khanom</b> for great effort and improvement in confidence at swimming. <b>Izabela Jabaji</b> for improved confidence at swimming.
<b>Miss Gent</b> <b>Mrs Reeves</b>	<b>Pariteri Wilfred</b> for how well he has coped with the transition of starting a new school in a brand new class, not only has Pariteri slotted straight in, he is always ready to learn in all areas of the curriculum. Well Done Pariteri <b>Emilija Babure</b> for her overall attitude to learning, always ready to learn and consistently demonstrating the Victoria Values. Well Done Emilija
<b>Mr Mephram</b>	<b>Phoebe Maxwell</b> for her fabulous handwriting and neat presentation in all her work. <b>Tyler Bordas</b> for really quick and accurate responses in maths.
<b>Miss Husbands</b>	<b>Ecaterina Apetrei</b> for always being a helpful member of the class. <b>Jake Holland</b> making the right choices.
<b>Miss Costanzo</b>	<b>Andreea Sandor</b> for using amazing vocabulary in her writing. <b>Blazej Kalinowski</b> for working hard in everything this week.
<b>Mrs Richardson</b>	<b>Mason Bibby</b> for demonstrating perseverance in all his learning tasks this week. <b>Lacey Genge</b> for her aspirational writing this week.





In assemblies this week we have been talking about peace and the right to live in a peaceful world, free from harm.

As part of British Values we talk and discuss the meaning of freedom and what it is to be free.



These are big questions and ones which affect our lives daily.

We think how we are free to pay, learn, choose, and decide aspects of our life.

**Key to our discussions this week on peace and freedom has been one of our school rules:**

**We can treat everyone and everything with respect and kindness.**

## Word of the week

### Freedom

the state of being able to or allowed to do, say, think etc. whatever you want without being controlled or limited.

It is a noun.

It is from old English freedom. (free + dom) state of free will.



*This is a word that the children are taught about and is one of our school values.*

*See if you can use this word with your child this week. What do they understand by it?*

**What does  
freedom  
mean to**



## Jokes of the week



**Why did the scarecrow win an award?**

**Because he was outstanding in his field.**

**Where do you find a cow with no legs?**

**Right where you left it.**

# Volunteering at Victoria Primary Academy

We are looking for volunteers to help us in a range of roles;

- Listening to children read
- Support pupils in learning maths skills
- Maintaining our library
- Volunteering in the classroom

If you would like to find out more and are interested in volunteering with us, please complete this short survey and we will be in touch. All volunteers will also need to complete an application form and complete an enhanced DBS check before starting.

<https://forms.office.com/r/3VofmFszLE>

*Many thanks to those who have already been in touch.*

## Pre-loved uniform

### "Give-away"

We will be giving away second hand uniform that we have in school.

This will take place next week after school on Wednesday 21st September, in the playground.

All our second hand uniform is in good condition and is clean and ready for another child to make good use of.



## Everything must go!



Please put safety first and park responsibly during drop-off and pick-up times.

We have received a number of complaints from local residents and pedestrians

about the inconsiderate parking on Leys Road.

***Not only does inconsiderate parking pose a potential danger to children and other pedestrians but it can also cause an obstruction and stop the emergency service vehicles getting through in the event of an emergency.***



# NOTICEBOARD



## Nut free school

Peanut allergy is one of the most common food allergies in children.

We have children in school who suffer from severe nut allergy; if they come into contact with a nut product, they could suffer life threatening consequences.

Some examples of products containing nuts and therefore not allowed in lunch boxes are:

- Peanut butter
- Nutella/Chocolate spreads
- Kinder bueno
- Cereal bars/Muesli bars
- Some granola bars
- Some cakes, cookies and biscuits
- Some Asian food, including satay
- Baklava
- All types of nut



***The list is not exhaustive, so please check the packaging of products closely. We will be making regular checks on the children's lunches to ensure these rules are being followed.***

**BREAKFAST**—We have had several children arrive this week without having had a good breakfast.

### Why is breakfast important?

- Breakfast is the meal that fuels the beginning of the school day. After a rejuvenating night of sleep, the brain and body need fuel to operate. Studies have shown that children who eat breakfast perform better academically than kids who don't.
- Skipping breakfast can make children feel tired, restless, or irritable. In the morning, their bodies need to refuel for the day ahead. Their mood and energy can drop by midmorning if they don't eat something for breakfast.
- Whole grains are absorbed by the body more slowly so that you don't get a blood sugar spike, and they, along with fiber and protein, are more likely to keep your child's belly feeling happy until snack time or lunch.
- Be aware that sugary cereals and refined grains cause a quick rise in blood sugar levels, which drop quickly, leaving your child feeling hungry, cranky, and/or sleepy. ***See page 8***

## Making Breakfast Happen

It can be hard to make a healthy breakfast happen when you're rushing to get yourself and the children ready in the morning. These practical suggestions can help:

- Stock your kitchen with healthy breakfast options.
- Prepare as much as you can the night before (get dishes and utensils ready, cut up fruit, etc.).
- Get everyone up 10 minutes earlier.
- Let kids help plan and prepare breakfast.
- Have grab-and-go alternatives (fresh fruit; individual boxes or baggies of whole-grain, low-sugar cereal; yogurt or smoothies; trail mix) on days when there is little or no time.



If children aren't hungry first thing in the morning, pack a breakfast that they can eat a little later in the car or on the way. Fresh fruit, cereal, nuts, or half a banana sandwich are nutritious, easy to make, and easy for kids to take along.

**What not to serve for breakfast is important too.** Toaster pastries and some breakfast bars are portable, easy, and appealing to kids. But many have no more nutritional value than a chocolate bar and are high in sugar and calories.

## Breakfast Ideas to Try

The morning meal doesn't have to be all about traditional breakfast items. You can mix it up to include different foods and still provide the nutrients and energy kids need for the day.

Serve a balanced breakfast that includes whole grains, protein, and fruit or vegetables. You could try:

- whole-grain cereal with low-fat milk topped with fruit or nuts
- Quick scrambled eggs with a side of toast and fruit.
- whole-wheat pita stuffed with sliced hard-cooked eggs and fresh spinach leaves
- oatmeal topped with nuts and fruit and sprinkled with cinnamon
- half a whole-grain bagel topped with peanut butter and fresh fruit (banana or apple wedges)
- breakfast smoothie (low-fat milk or yogurt, fruit, and wheat germ or bran whirled in a blender)
- vegetable omelette with whole-wheat toast
- lean turkey and tomato on a toasted English muffin
- heated leftover rice with chopped apples, nuts, and cinnamon
- [Healthy Morning Muffins](#)
- Toast. The opportunities for creating a healthy breakfast starting with a slice of whole wheat toast are practically endless.



*And don't forget how important your good example is.*

*Let your children see you making time to enjoy breakfast every day.*





## THIS WEEK'S SPORTING CHAMPIONS

<b>1A</b>	<b>Yariel Gerald</b> for perseverance in throwing and catching the ball.
<b>1B</b>	<b>Ayan Gabriel</b> for fantastic throwing and catching and for working well in a team activity.
<b>2A</b>	<b>Silver Dajbabi</b> for following instructions carefully during PE. He demonstrated great communication, listening and talking to his friends.
<b>2B</b>	<b>Krystian Bizewski</b> for showing excellent courage this week as he joined in with our dance lesson even though he was worried.
<b>3A</b>	<b>Tanay Monya</b> for excellent effort practising netball skills.
<b>3B</b>	<b>Olivier Leszczynski</b> for his accurate chest passes in netball and amazing dance moves in his street dance performance.
<b>4A</b>	<b>Emillia Gibson</b> for amazing backstroke skills at swimming.
<b>4B</b>	<b>Jamiu Mohammed Tajudeen</b> for showing how to use a hockey stick accurately and demonstrating precise control with a ball. Good job Jamiu!
<b>5A</b>	<b>Jessica Kownacka</b> for doing her best and not giving up when activities have been challenging.
<b>5B</b>	<b>Austin Harrison</b> for always trying his best.
<b>6A</b>	<b>Freddie Garcia Davis</b> for brilliant tactical play in benchball.
<b>6B</b>	<b>Izabela Savu</b> for outstanding teamwork in netball.



# After school Club Activities

Monday Gardening	Tuesday Craft	Wednesday Table Tennis	Thursday Construction	Friday Cinema
Bank Holiday	String wrapped Mummy		Town	Chill out Scooby-Doo!
Tidying up the Environmental area	Handprint black Cat		Animals	Scooby-Doo and the Alien Invaders
Planting Daffodils	Paper plate Bat		Amusement Park	The Little Vampire
Halloween decorations	Paper plate Witch		Monsters	Scared Shrekless
Putting up decorations	Halloween decorations		Free build	Pooh's Heffalump Halloween movie

Tuesday	Football Key Stage 2	3.15—4.30pm
Thursday	Multi-skills Key Stage 1	3.15—4.30pm

Clubs will start week beginning Tuesday 20<sup>th</sup> Sept to Thursday 20th October at a total cost of £12.50 for 5 weeks.

**Please send your completed form to the office.**

**Limited spaces available!** PLEASE DO NOT ASSUME YOUR CHILD HAS A SPACE.

**Once your child has been allocated a space you will be sent a payment notice on ParentMail to make payment. This will need to be paid within 2 days. If you are struggling with this, please pop in to the office for us to help. We do not want your child to miss out on a club.**